

Tap Dance for Fun & Fitness

Intermediate Classes - Wednesdays, 3:30 - 4:30 p.m. and Fridays, 9:00 - 10:00 a.m.

Beginner Class – Wednesdays, 4:30 – 5:30 p.m.

Held in the CW Clubhouse Arts & Crafts Room

Free! Tap Dancing Classes for men and women taught by CW Residents with many years of tap experience and lots of patience.

Always wanted to tap dance but Mom made you take piano lessons? Now's the time to give tap a try! It's so much fun and we get some exercise, too.

Wear comfortable, workout clothes and hard soled shoes or tap shoes. Don't forget your water.

(Purchasing Tap shoes are not required to start.

Some are available to borrow temporarily.)

No sneakers or rubber soled shoes, please!

INTERMEDIATE CLASS - SOME EXPERIENCE REQUIRED
BEGINNER CLASS - NO PREVIOUS EXPERIENCE NECESSARY - REALLY!

IF YOU ARE INTERESTED, PLEASE E-MAIL ME AT tapcap5678@gmail.com
OR YOU MAY CALL ME AT:

Angela Horan 732-412-7266